

RRB Disability Process Steps

1. Call the RRB and request a Disability Annuity Application. The applications are not online, they can only be mailed upon request by the individual applying. Often when the individual calls, the RRB representative will open a claim file and put the individual's name in the initial application to get the ball rolling. They can also ask for an "estimate of their monthly benefits" if the annuity is granted, to know what their monthly benefit amount will be.
2. Once received, the individual needs to complete the application in its entirety, they may need a copy of their DD-214 (if a veteran) to be submitted with their application.
3. Part of the application includes HIPAA medical records authorizations for the individual to sign. The application has them list all their medical providers that have medical information the individual is relying on in support of their disability. The RRB will use the signed authorizations to obtain copies of the medical records from the medical providers listed. However, **if the client applying for disability obtains copies of the records and sends them to the RRB with their completed application, this will help speed up the RRB review process** which currently takes 10-11 months. By providing the records, this saves time having the RRB send the authorizations to the medical provider and then waiting for the records to come back to the RRB.
4. If the applicant has a medical condition that is disabling that is **NOT** from an on-the-job injury, freeing the UPRR from legal liability, the applicant should request something in writing from UPRR indicating they are medically disabled/disqualified from continuing with their railroad employment, **this action will also help speed up the review process.** This medical DQ letter will not be easy to get, if attainable at all, if the medical issues stem from an on-the-job injury.
5. If, after the application is filed, the individual obtains additional medical records that support the disability, the applicant should send those records to the RRB as well.

RRB Contact INFORMATION:

(877) 772-5772

(312) 751-4905

FAX (402) 346-6077

Web Address: www.rrb.gov